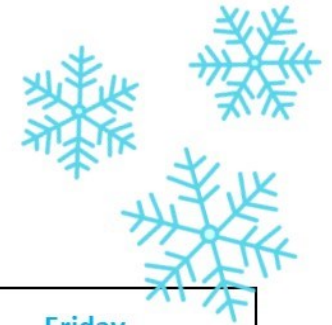




# January Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>CLOSED</b>	2 Banana Bread	3 Cereal
6 Apple Cinnamon Bread	7 Eggs & Bacon	8 PEANUT BUTTER toast & banana	9 Cereal bar & fruit	10 Yogurt & muffin
13 Blueberry Bread & fruit	14 Oatmeal	15 Eggs & sausage	16 Cinnamon sugar toast & fruit	17 Pop-tart & yogurt
20 Mini bagels	21 Waffles & fruit	22 French toast & sausage	23 Eggs & toast	24 Donut & fruit
27 Banana bread	28 Mini cinnamon rolls	29 Eggs & sausage	30 Muffin & yogurt	31 Cereal & fruit

\*\* Items marked may contain the following major food allergens-Milk, Egg, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. For more information and/or item ingredients, please notify a staff member. Item information can be located on GFS.com.

# January Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>CLOSED</b>	2 Ravioli, bread & butter, salad, & pears	3 Fish sandwich, French fries, peas, & oranges
6 Chicken & noodles, bread & butter, salad, & peaches	7 French toast sticks, sausage, hash browns, & oranges	8 BLT sandwich, tomato soup, crackers, & pineapple	9 Chicken fingers, mashed potatoes, bread & butter, corn, & strawberries	10 Chicken nuggets, French fries, mixed vegetables, & mangos
13 Hamburger, French fries, green beans, & mixed fruit	14 Salisbury steak, mashed potatoes, bread & butter, corn, & fruit	15 Macaroni & Cheese, salad, bread & butter, & apples	16 Cheesy sausage & rice, broccoli, & pears	17 Taco, chips, carrots, & oranges
20 BBQ pork sandwich, mozzarella sticks, corn, & pears	21 Breakfast burrito (egg, ham, cheese), hash browns, & raspberries	22 Sweet & sour chicken, vegetable eggroll, rice, & strawberries	23 Shredded chicken sandwich, French fries, green beans, & pineapple	24 Pizza, chips, carrots, & oranges
27 Hot dog, French fries, peas, & mangoes	28 Chicken, broccoli & rice, bread & butter, salad, & strawberries	29 Ham, green beans, & potatoes, biscuit, & fruit	30 Pancakes, sausage, hash browns, & oranges	31 Corn dogs, pretzels, cucumbers, & apples

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# January Snack



Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>CLOSED</b>	2 Oatmeal bar Milk	3 Pretzels Juice
6 Cheese crackers Milk	7 Banana Milk	8 Graham snack Juice	9 Applesauce Milk	10 Frozen yogurt Juice
13 Pudding, graham crackers Juice	14 Corn chips Juice	15 PEANUT BUTTER crackers Milk	16 Chex-mix Juice	17 Ice cream sandwich Juice
20 Cheddar puffs Juice	21 Granola bar Milk	22 Animal crackers Juice	23 Apple slices Milk	24 Cookie Milk
27 Blueberry vanilla bites Milk	28 Carrots & PEANUT BUTTER Milk	29 Cheese stick & crackers Juice	30 Cheez its Juice	31 Popcorn Juice

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